

Heartbeat Step 6: Social Media



Thank you for taking all this action! You are amazing!

We ask you take one more last action and message your Representative on Facebook, and/or tweet at them.

Facebook Message your Representative:

Using the chart below, search for your Rep by county, and then click the link to take you to your Facebook Messenger page with a blank message ready. We have been unable to locate a few, so please send us an email if you are able to locate them.

Suggested text: (please make this your own)

Thank you for your service as my elected representative.

I believe the government's single most important job is to protect the lives of its people. That's why I vote first and foremost for life. I want to encourage you to vote for life as well and champion the "Heartbeat bill," protecting the lives of babies whose heartbeat testifies that they're alive!

After all, that little girl in her mother's womb has her own DNA, her own fingerprints, her own heartbeat. She's not a part of her mother ... she's a baby!

Tweet about Heartbeat:

Suggested text: (please make this your own)

Government's No.1 job is to protect our lives! Please stand fast for #Life, because the little #Heartbeat in her mother's womb ... #ShesABaby! And her life deserves

protection, too. Please support the #Heartbeat bill.
 #ialegis #TheSoundOfLife

| Representative | District # & Map | County | Facebook Messenger |
|-----------------------|-----------------------------|---------------|---------------------------------|
| Clel Baudler | 20 | Adair | Message Clel Baudler |
| Kristi Hager | 56 | Allamakee | Message Kristi Hager |
| Larry Sheets | 80 | Appanoose | Help us find Larry on Facebook! |
| Dawn E. Pettengill | 75 | Benton | Message Dawn E. Pettengill |
| Timi Brown-Powers | 61 | Black Hawk | Message Timi Brown-Powers |
| Bob Kressig | 59 | Black Hawk | Message Bob Kressig |
| Walt Rogers | 60 | Black Hawk | Message Walt Rogers |
| Sandy Salmon | 63 | Black Hawk | Message Sandy Salmon |
| Ras Smith | 62 | Black Hawk | Message Ras Smith |
| Chip Baltimore | 47 | Boone | Message Chip Baltimore |
| Gary Worthan | 11 | Buena Vista | Message Gary Worthan |
| Pat Grassley | 50 | Butler | Help us find Pat on Facebook! |
| Mike Sexton | 10 | Calhoun | Message Mike Sexton |
| Brian Best | 12 | Carroll | Message Brian Best |
| Tom Moore | 21 | Cass | Message Tom Moore |

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|--------------------|-----|-----------------------------------|--|
| Bobby Kaufmann | 73 | Cedar | Message Bobby Kaufmann |
| Sharon S. Steckman | 53 | Cerro Gordo | Message Sharon S. Steckman |
| Linda L. Upmeyer | 54 | Cerro Gordo, Speaker of the House | Message Linda L. Upmeyer |
| Daniel A. Huseman | 3 | Cherokee | Help us find Daniel on Facebook! |
| Joel Fry | 27 | Clarke | Message Joel Fry |
| Megan Jones | 2 | Clay | Message Megan Jones |
| Norlin Mommsen | 97 | Clinton | Help us find Norlin on Facebook! |
| Mary Lynn Wolfe | 98 | Clinton | Message Mary Lynn Wolfe |
| Steven Holt | 18 | Crawford | Message Steven Holt |
| Rob Taylor | 44 | Dallas | Message Rob Taylor |
| Ralph C. Watts | 19 | Dallas | Message Ralph C. Watts |
| Dennis M. Cohoon | 87 | Des Moines | Message Dennis M. Cohoon |
| John H. Wills | 1 | Dickinson | Message John H. Wills |
| Abby Finkenauer | 99 | Dubuque | Message Abby Finkenauer |
| Charles Isenhardt | 100 | Dubuque | Message Charles Isenhardt |
| Shannon Lundgren | 57 | Dubuque | Message Shannon Lundgren |

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| Bruce Bearinger | 64 | Fayette | Message Bruce Bearinger |
| Todd Prichard | 52 | Floyd | Message Todd Prichard |
| Terry C. Baxter | 8 | Hancock | Message Terry C. Baxter |
| Matt W. Windschitl | 17 | Harrison | Message Matt W. Windschitl |
| David E. Heaton | 84 | Henry | Help us find David on Facebook! |
| Wes Breckenridge | 29 | Jasper | Message Wes Breckenridge |
| Phil Miller | 82 | Jefferson | Help us find Phil on Facebook! |
| Dave Jacoby | 74 | Johnson | Message Dave Jacoby |
| Vicki S. Lensing | 85 | Johnson | Message Vicki S. Lensing |
| Mary Mascher | 86 | Johnson | Message Mary Mascher |
| Amy Nielsen | 77 | Johnson | Message Amy Nielsen |
| Lee Hein | 96 | Jones | Message Lee Hein |
| Andy McKean | 58 | Jones | Message Andy McKean |
| Jerry A. Kearns | 83 | Lee | Message Jerry A. Kearns |
| Liz Bennett | 65 | Linn | Message Liz Bennett |
| Ashley Hinson | 67 | Linn | Message Ashley Hinson |
| Ken Rizer | 68 | Linn | Message Ken Rizer |

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|---------------------------|----|-----------|---|
| Kirsten Running-Marquardt | 69 | Linn | Message Kirsten Running-Marquardt |
| Art Staed | 66 | Linn | Message Art Staed |
| Todd E. Taylor | 70 | Linn | Message Todd E. Taylor |
| Louie Zumbach | 95 | Linn | Help us find Louie on Facebook! |
| David Kerr | 88 | Louisa | Message David Kerr |
| Stan Gustafson | 25 | Madison | Help us find Stan on Facebook! |
| Guy Vander Linden | 79 | Mahaska | Message Guy Vander Linden |
| Greg Heartsill | 28 | Marion | Help us find Greg on Facebook! |
| Mark Smith | 71 | Marshall | Help us find Mark on Facebook! |
| David Sieck | 23 | Mills | Message David Sieck |
| Gary Carlson | 91 | Muscatine | Message Gary Carlson |
| Chuck Holz | 5 | Plymouth | Help us find Chuck on Facebook! |
| Ako Abdul-Samad | 35 | Polk | Message Ako Abdul-Samad |
| Marti Anderson | 36 | Polk | Message Marti Anderson |
| Peter Cownie | 42 | Polk | Help us find Peter on Facebook! |
| John Forbes | 40 | Polk | Message John Forbes |

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| Ruth Ann Gaines | 32 | Polk | Message Ruth Ann Gaines |
| Jake Highfill | 39 | Polk | Message Jake Highfill |
| Bruce L. Hunter | 34 | Polk | Message Bruce L. Hunter |
| Kevin Koester | 38 | Polk | Message Kevin Koester |
| John Landon | 37 | Polk | Message John Landon |
| Brian Meyer | 33 | Polk | Message Brian Meyer |
| Zach Nunn | 30 | Polk | Message Zach Nunn |
| Jo Oldson | 41 | Polk | Help us find Jo on Facebook! |
| Rick Olson | 31 | Polk | Message Rick Olson |
| Chris Hagenow | 43 | Polk, Majority Leader | Message Chris Hagenow |
| Mary Ann Hanusa | 16 | Pottawattamie | Help us find Mary Ann on Facebook! |
| Jon A. Jacobsen | 22 | Pottawattamie | Message Jon A. Jacobsen |
| Charlie McConkey | 15 | Pottawattamie | Message Charlie McConkey |
| Dave Maxwell | 76 | Poweshiek | Message Dave Maxwell |
| Cecil Dolecheck | 24 | Ringgold | Message Cecil Dolecheck |
| Monica Kurth | 89 | Scott | Message Monica Kurth |
| Gary Mohr | 94 | Scott | Help us find Gary on Facebook! |

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|------------------------|----|------------|---|
| Ross Paustian | 92 | Scott | Message Ross Paustian |
| Phyllis Thede | 93 | Scott | Message Phyllis Thede |
| Cindy Winckler | 90 | Scott | Message Cindy Winckler |
| Skyler Wheeler | 4 | Sioux | Message Skyler Wheeler |
| Rob Bacon | 48 | Story | Message Rob Bacon |
| Dave Deyoe | 49 | Story | Message Dave Deyoe |
| Lisa Heddens | 46 | Story | Message Lisa Heddens |
| Beth Wessel-Kroeschell | 45 | Story | Message Beth Wessel-Kroeschell |
| Dean Fisher | 72 | Tama | Message Dean Fisher |
| Mary Gaskill | 81 | Wapello | Message Mary Gaskill |
| Scott Ourth | 26 | Warren | Message Scott Ourth |
| Jarad J. Klein | 78 | Washington | Message Jarad J. Klein |
| Helen Miller | 9 | Webster | Message Helen Miller |
| Tedd Gassman | 7 | Winnebago | Message Tedd Gassman |
| Michael Bergan | 55 | Winneshiek | Help us find Michael on Facebook! |
| Jacob Bossman | 6 | Woodbury | Message Jacob Bossman |
| Chris Hall | 13 | Woodbury | Message Chris Hall |

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|-------------------|----|----------|------------------------------|
| Timothy Kacena | 14 | Woodbury | Message Timothy Kacena |
| Jane Bloomingdale | 51 | Worth | Message Jane Bloomingdale |